



For more information, please call 310-314-2555 or visit us online at www.twc-wla.org

The Wellness Community-West Los Angeles is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. All programs and services are provided free of charge.

The medical profession says you can no longer call cancer treatment 'comprehensive' without a program, like ours, that addresses reducing stress levels and feelings of anxiety, depression and aloneness; regaining strength and a sense of control; learning about cancer trends, clinical trials and treatments; and improving quality of life. Our programs include:

- educational workshops and seminars
- stress reduction and exercise classes
- group support and networking
- family and caregiver groups
- individual counseling
- social gatherings

THE WELLNESS COMMUNITY-WEST LOS ANGELES was co-founded in 1982 by Harriet and Harold H. Benjamin, Ph.D. and was the first of what has become an international nonprofit organization.

We invite you to join Friends of Wellness and to become an integral part of TWC-WLA. Your membership includes:

- Invitation to Friends of Wellness social gatherings
- Invitations to the *Tribute to the Human Spirit Awards* Gala, Friends of Wellness Annual Luncheon and other TWC-WLA events
- Volunteer Opportunities
- TWC-WLA Newsletter

The Friends of Wellness is a group of individuals dedicated to using their leadership, planning, and community networking skills, in an environment of friendship, to promote the fundraising activities of and to enhance community awareness about the free programs and services provided by TWC-WLA for people affected by cancer.



Alexis Speed, Judy Zeidler, Lillian Moss, Laura Owens, Jo Ann Panitch, Lauren Schiff, Sherre Hirsch, Stacie Hausner, Denise Karger, Ruth Linnick, Shirley Blitz, Idelle Davidson, Jo Kaplan Feldman, Nicole Foss, Florence Azria, Judith Bernstein, Lynda Bezdek,

ACTIVE MEMBERS



LEADERSHIP COUNCIL



THE WELLNESS COMMUNITY-WEST LOS ANGELES

Friends of Wellness

Annual Luncheon

Please join us!





SPECIAL GUEST SPEAKER



MARIANNE WILLIAMSON

Marianne is an internationally acclaimed spiritual teacher, a *New York Times* bestselling author, and the founder of Project Angel Food.

HONORING



JOYCE GREEN

Joyce has devoted her life to supporting scientists in finding the cure for cancer and helping cancer patients find comfort during treatment.



JO ANN PANITCH

Jo has been an avid supporter of TWC-WLA for over 15 years and is a recent cancer survivor who has personally benefited from its amazing support programs.

Friends of Wellness

Annual Luncheon

WEDNESDAY, OCTOBER 13, 2010

10:30AM – 1:30PM

Skirball Cultural Center | 2701 North Sepulveda Boulevard, Los Angeles, CA 90049

Silent Auction hours 10:30am – 12:00pm

Boutique hours 10:30am – 2:00pm

Program begins promptly at 11:30am with Marianne Williamson

Please

Submit Tribute Journal Ads by SEPTEMBER 20

Register by OCTOBER 4

Call for more information 310/314-2555

